

WEEK 1

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Combo 1	Main Course	Chicken Tikka Masala	Beef Lasagna	Sweet and Sour Chicken	Chicken Noodles	Chicken Shawarma Wrap/ Carrot Cake
	Carb	Butter Rice	-----	-----	-----	
	Side / Veg	Steamed Vegetable	Sauteed Carrots & Peas	Vegetable Fried Rice	Corn on the Cob	

Combo 2	Main Course	Spaghetti Bolognese	Roasted Chicken	Beef Casserole	Butter Chicken	Chicken Shawarma Wrap/ Carrot Cake
	Carb	-----	Mashed Potato	Roast Potates	Butter Rice	
	Side / Veg	Garlic Bread	Sauteed Carrots & Peas	-----	Corn on the Cob	

Combo 3 / (Vegetarian 🌱)	Main Course	Kadai Paneer	Penne Pasta with Mushroom Sauce	Vegetable Noodles	Spinach and Mushroom Lasagna	Vegetable Quesadilla/ Carrot Cake
	Carb	Butter Rice	-----	Roast Potates	Garlic Bread	
	Side / Veg	Steamed Vegetable	Garlic Bread	-----	Corn on the Cob	

WEEK 2

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Combo 1	Main Course	Beef Kofta with Onions	Spaghetti Bolognese	Beef with Mushroom sauce	Chicken Fajita with Tomato Salsa	Chicken Slider/ Carrot Cake
	Carb	Butter Rice	-----	Steamed Rice	Tortilla bread	
	Side / Veg	Mixed Vegetables with Peas, Carrots and Corn	Garlic Bread	Baked Sweet Potato	Roast Potato Wedges	

Combo 2	Main Course	Chicken Casserole	BBQ Chicken	Chicken Kadai	Beef Kofta with Potato	Beef Slider/ Carrot Cake
	Carb	Butter Rice	Potato Wedges	Steamed Rice	Steamed Rice	
	Side / Veg	Mixed Vegetables with Peas, Carrots and Corn	Sweet Corn	Baked Sweet Potato	Grilled Vegetables	

Combo 3 / (Vegetarian 🌱)	Main Course	Lentil Potato Curry	Baked Mousakaa	Penne Puttanesca	Malia Kofta curry	Vegetable Slider/ Carrot Cake
	Carb	Butter Rice	Potato Wedges	-----	Steamed Rice	
	Side / Veg	Mixed Vegetables with Peas, Carrots and Corn	Sweet Corn	Garlic Bread	Grilled Vegetables	

WEEK 3

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Combo 1	Main Course	Chicken Supreme with Tomato Sauce	Beef Lasagna	Chicken Noodle	Chicken Kabsa	Chicken Shawarma Wrap/ Cupcake
	Carb	Butter Rice	Potato Wedges	Spring Roll	-----	
	Side / Veg	Roast Carrot	Garlic Bread	-----	Plain Yogurt	

Combo 2	Main Course	Spaghetti Bolognese	Chicken Nuggets	Stir Fry Beef	Beef with Gravy	Chicken Shawarma Wrap/ Cupcake
	Carb	-----	Steamed Rice	Butter Rice	Steamed Rice	
	Side / Veg	Garlic Bread	Potato Wedges	Spring Roll	Sauteed Mixed Vegetables	

Combo 3 / (Vegetarian ☞)	Main Course	Vegetable Casserole	Paneer Makani	Vegetable Tadka	Spaghetti with Tomato Sauce	Vegetable Quesadilla/ Cupcake
	Carb	Butter Rice	Steamed Rice	Butter Rice	-----	
	Side / Veg	Roast Carrot	Potato Wedges	Spring Roll	Garlic Bread	

* All hot and cold food must be consumed in the cafeteria during service timings

WEEK 4

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Combo 1	Main Course	Chicken Biryani	Beef Fajita	Meat Kofta Kabab	Penne Pasta with Chicken and White Sauce	Chicken Slider/ Cake
	Carb	Papadum	Potatoes Gratin	Butter Rice	-----	
	Side / Veg	Raita	Grilled Vegetables	Steamed Vegetables	Plain Yogurt	
Combo 2	Main Course	Irish Beef Stew	Grilled Chicken / Gravy	Stir- fry Chicken Noodles	Chicken Tikka Masala	Beef Slider/ Cake
	Carb	Steamed Rice	Potatoes Gratin	-----	Steamed Rice	
	Side / Veg	Roast Root Vegetables	Grilled Vegetables	Butter Rice	Sauteed Vegetables Beans	
Combo 3 / (Vegetarian ☞)	Main Course	Paneer Masala	Spaghetti Puttanesca	Cheese Pie	Margarita Pizza	Vegetable Slider
	Carb	Steamed Rice	-----	Butter Rice	Potato Wedges	
	Side / Veg	Roast Root Vegetables	Garlic Bread	Steamed Vegetables	Corn on the Cob	

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