

SCHOOL BREAKFAST MENU- MARCH 2023

WEEK 1



Emirates Taste

MONDAY

06-Mar-23

TUESDAY

07-Mar-23

WEDNESDAY

08-Mar-23

THURSDAY

09-Mar-23

FRIDAY

10-Mar-23

BREAKFAST

BREAKFAST	Muesli with Strawberry Yoghurt-Parfait	Low fat Yogurt with Granola & mango puree - Parfait	Muesli with Honey Yoghurt-Parfait	Oats with Mix Fruit- Parfait	Apple Porridge
	Spanish Omelette	Bread Omlette	Cheesy Egg with Bread	Scrambled Egg With Bread	Bread Omlette
	Pancake with Maple Syrup	French Toast With Honey	Paratha - cottage cheese	Chicken Kheema Paratha	Banana Pancake

SANDWITCH & WRAP

ASSORTED BREAD Non-Veg	Tandoori Chicken Sandwich in Samoon Bread	Chicken Nuggets Samoon Bread	Chicken Caesar Soft Roll	Smoked Turkey Ham in Panini Bread	Roasted Mushroom & Beef Panini Bread
ASSORTED BREAD Veg	3 Cheese Veg Sandwich in Soft Roll	Southwest Veggie Soft Roll	Cheese & Tomato Samoon Bread	Grill Halloumi & Egg plant Grill Samoon Bread	Southwest Veggie Samoon Bread
ARABIC BREAD Non-Veg	Smoked Turkey Wrap (Arabic Bread)	Chicken BBQ Wrap (Arabic Bread)	Turkey ham Salad Wrap (Arabic Bread)	Mozerella n Smoked Chicken Wrap	Chicken Shawarma Wrap (Arabic Bread)
TORTILLA BREAD Veg	Falafel Wrap (Tortilla)	Veg Caesar Wrap (Tortilla)	Halloumi Wrap (Tortilla)	Falafel Wrap (Arabic Bread)	Labneh Cucumber Wrap
WHITE BREAD Non-Veg	Chicken N Sweet corn S/W Triangles	Chicken Club Sandwich Triangles	Pesto Chicken s/w Triangles	Tuna Salad S/W Triangles	Chicken Piccata S/w Triangles
WHITE BREAD Non-Veg	Chicken Mortadella S/W	Chicken N Sweet corn S/W	Grilled Chicken S/W	Chicken Tarayaki S/W	Turkey & Cheese Sandwich Triangles
BROWN BREAD Veg	Cheddar n Tomato in Brown Bread Triangles	Cheese n Iceburg S/W	Grilled Veg Brown Bread Tangles	Cheese & Veg sandwich Triangles	Teriyaki Grill Veg Sandwich Triangles

SALAD

SALAD & CUT FRUIT	Chicken Caesar Salad	Grilled Chicken Salad	Chicken Pineapple Salad	Chicken Caesar salad	Grilled Chicken Salad
	Fattoush Salad	Parsley and Parm Pasta salad	Fattoush Salad	Oriental Salad	Mexican Beans & Corn Salad
	Quinoa Lentil Salad	Corn and Carrot Salad	Macroni Paper Salad	Green Sprout Salad	Pasta Salad
	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
BEVERAGE	Fresh Watermelon Juice	Fresh Watermelon Juice	Fresh Watermelon Juice	Fresh Watermelon Juice	Fresh Watermelon Juice
	Fresh Orange Juice	Fresh Orange Juice	Fresh Orange Juice	Fresh Orange Juice	Fresh Orange Juice

BAKERY & SNACK

BAKERY & PASTRY	Cinnamon Roll	Cinnamon Roll	Cinnamon Roll	Cinnamon Roll	Cinnamon Roll
	Croissant Cheese	Croissant Cheese	Croissant Cheese	Croissant Cheese	Croissant Cheese
	Croissant Plain	Croissant Strawberry	Croissant Zaatar	Croissant Strawberry	Croissant Zaatar
	Chicken Puff	Chicken Puff	Chicken Puff	Chicken Puff	Chicken Puff
	Vegetable Puff	Vegetable Puff	Vegetable Puff	Vegetable Puff	Vegetable Puff
	Cheese Fatayer	Cheese Fatayer	Cheese Fatayer	Cheese Fatayer	Cheese Fatayer
	Cheese Manakish	Cheese Manakish	Cheese Manakish	Cheese Manakish	Cheese Manakish
	Carrot Cake	Apple tart	Carrot Cake	Banana Cake	Apple tart
	Cup Cake - Apple	Blueberry Muffin	Strawberry Muffin	Cup Cake — oatmeal	Blueberry Muffin
	Vanilla Muffin	Vanilla Muffin	Vanilla Muffin	Vanilla Muffin	Vanilla Muffin
	Vegetable Pizza	Hash Brown- Baked	Potato Wedges	Mini veggie burgers	Baked Croquette Potato
	Chicken Pizza	Chciken Nuggets- Baked	Chicken Roll	Chciken Fingers- Baked	Chicken Cutlet

SCHOOL BREAKFAST MENU- MARCH 2023

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	13-Mar-23	14-Mar-23	15-Mar-23	16-Mar-23	17-Mar-23
	BREAKFAST				

BREAKFAST	Muesli with Strawberry Yoghurt- Parfait	Low fat Yogurt with Granola & mango puree - Parfait	Muesli with Honey Yoghurt- Parfait	Oats with Mix Fruit- Parfait	Apple Porridge
	Spanish Omelette	Bread Omlette	Cheesy Egg with Bread	Scrambled Egg With Bread	Bread Omlette
	Pancake with Maple Syrup	French Toast With Honey	Paratha - cottage cheese	Chicken Kheema Paratha	Banana Pancake

SANDWITCH & WRAP

ASSORTED BREAD Non Veg	Chicken Tikka & Olives Samoon Bread	Grilled Chicken With Cheese and Iceberg (Panini bread)	Smoked Turkey Ham Panini Bread	Philly Steak in Samoon Bread	Roasted Mushroom & Chicken Soft Roll
ASSORTED BREAD Veg	Southwest Veggie Hotdog	Maxican Vegetable in Samoon Bread	Halloumi & Tomato French bread	Cheese & Tomato Hotdog	Halloumi Veggie Panini Bread
ARABIC BREAD Non- Veg	Grilled Chicken Wrap (Arabic Bread)	Chicken BBQ Wrap (Arabic Bread)	Chicken Teriyaki Wrap (Arabic Bread)	Chicken Shawarma Wrap (Arabic Bread)	Mozerella n smoked Chicken Wrap (Arabic Bread)
TORTILLA BREAD Veg	Mexican Falafel Wrap (Tortilla)	Halloumi Wrap (Tortilla)	Veg Caesar Wrap (Tortilla)	Vegetable Fajita Wrap (Tortilla)	Falafeel & Labneh Wrap (Tortilla)
WHITE BREAD Non- Veg	Chicken N Sweet corn S/W	Chicken Club Sandwich	Pasto Chicken s/w	Tuna Salad S/W	Chicken Piccata S/w
WHITE BREAD Non- Veg	Chicken Tikka Sandwich	Creamy Chicken S/W	BBQ Chicken S/W	Chicken Tarayaki S/W	Turkey and Cheese S/W
BROWN BREAD Veg	Cheddar n Tomato S/W	Cheese n Iceberg S/W	Grilled Vegetable S/W	Halloumi Sandwich	Labneh Cucumber S/W

SALAD

SALAD & CUT FRUIT	Chicken Caesar Salad	Grilled Chicken Salad	Chicken Pineapple Salad	Chicken Caesar Salad	Grilled Chicken Salad
	Beetroot Salad	Parsley and Pasta salad	Germain Potato Salad	Pasta with Pepper Salad	Tabbouleh Salad
	Sweet Corn Salad	Quinoa Salad	Mexican Bean Salad	Greek Salad	Mexican Beans & Corn Salad
	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad

BEVERAGE	Fresh Watermelon Juice	Fresh Watermelon Juice	Fresh Watermelon Juice	Fresh Watermelon Juice	Fresh Watermelon Juice
	Fresh Orange Juice	Fresh Orange Juice	Fresh Orange Juice	Fresh Orange Juice	Fresh Orange Juice

BAKERY & SNACK

BAKERY & PASTRY	Cinnamon Roll	Cinnamon Roll	Cinnamon Roll	Cinnamon Roll	Cinnamon Roll
	Croissant Cheese	Croissant Cheese	Croissant Cheese	Croissant Cheese	Croissant Cheese
	Croissant Plain	Croissant Strawberry	Croissant Zaatar	Croissant Strawberry	Croissant Zaatar
	Chicken Puff	Chicken Puff	Chicken Puff	Chicken Puff	Chicken Puff
	Vegetable Puff	Vegetable Puff	Vegetable Puff	Vegetable Puff	Vegetable Puff
	Cheese Fatayer	Cheese Fatayer	Cheese Fatayer	Cheese Fatayer	Cheese Fatayer
	Cheese Manakish	Cheese Manakish	Cheese Manakish	Cheese Manakish	Cheese Manakish
	Carrot Cake	Apple tart	Carrot Cake	Banana Cake	Apple tart
	Cup Cake - Apple	Blueberry Muffin	Strawberry Muffin	Cup Cake — oatmeal	Blueberry Muffin
	Vanilla Muffin	Vanilla Muffin	Vanilla Muffin	Vanilla Muffin	Vanilla Muffin
	Vegetable Pizza	Hash Brown- Baked	Potato Wedges	Mini veggie burgers	Baked Croquette Potato
Chicken Pizza	Chciken Nuggets- Baked	Chicken Roll	Chciken Fingers- Baked	Chicken Cutlet	

SCHOOL BREAKFAST MENU- MARCH 2023

WEEK 3



Emirates Taste

MONDAY
20-Mar-23

TUESDAY
21-Mar-23

WEDNESDAY
22-Mar-23

THURSDAY
23-Mar-23

FRIDAY
24-Mar-23

BREAKFAST

BREAKFAST	Muesli with Strawberry Yoghurt- Parfait	Low fat Yogurt with Granola & mango puree - Parfait	Muesli with Honey Yoghurt- Parfait	Oats with Mix Fruit- Parfait	Apple Porridge
	Spanish Omelette	Bread Omlette	Cheesy Egg with Bread	Scrambled Egg With Bread	Bread Omlette
	Pancake with Maple Syrup	French Toast With Honey	Paratha - cottage cheese	Chicken Kheema Paratha	Banana Pancake

SANDWITCH & WRAP

ASSORTED BREAD Non-Veg	Tandoori Chicken Sandwich in Samoon Bread	Chicken Nuggets Samoon Bread	Chicken Caesar Soft Roll	Smoked Turkey Ham in Panini Bread	Roasted Mushroom & Beef Panini Bread
ASSORTED BREAD Veg	3 Cheese Veg Sandwich in Soft Roll	Southwest Veggie Soft Roll	Cheese & Tomato Samoon Bread	Grill Halloumi & Egg plant Grill Samoon Bread	Southwest Veggie Samoon Bread
ARABIC BREAD Non-Veg	Chicken Shawarma Wrap (Arabic Bread)	Chicken BBQ Wrap (Arabic Bread)	Turkey Ham Salad Wrap	Mozerella n Smoked Chicken Wrap	Chicken Shawarma Wrap (Arabic Bread)
TORTILLA BREAD Veg	Falafel Wrap (Tortilla)	Veg Caesar Wrap (Tortilla)	Halloumi Wrap (Tortilla)	Falafel Wrap (Tortilla)	Labneh Cucumber Wrap (Tortilla)
WHITE BREAD Non-Veg	Chicken N Sweet corn S/W Triangles	Chicken Club Sandwich Triangles	Pesto Chicken s/w Triangles	Creamy Chicken S/W	Falafel & Labneh Wrap
WHITE BREAD Non-Veg	Chicken Terayaki S/W	Chicken Mortadella S/W	Chicken Olives S/W	Tuna Salad S/W Triangles	Turkey & Cheese Sandwich Triangles
BROWN BREAD Veg	Teriyaki Grill Veg Sandwich Triangles	Cottage Cheese Tikka Sandwich Triangles	Halloumi Sandwich Tangles	Cheese n Iceburg in Tomato Triangles	Teriyaki Grill Veg Sandwich Triangles

SALAD

SALAD & CUT FRUIT	Chicken Caesar Salad	Grilled Chicken Salad	Chicken Pineapple Salad	Chicken Caesar salad	Grilled Chicken Salad
	Rocca Salad	Colslow Salad	Russian Salad	Oriental Salad	Mexican Beans & Corn Salad
	Quinoa Lentil Salad	Corn and Carrot Salad	Macroni Paper Salad	Green Sprout Salad	Mexican Bean Salad
	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
BEVERAGE	Fresh Watermelon Juice	Fresh Watermelon Juice	Fresh Watermelon Juice	Fresh Watermelon Juice	Fresh Watermelon Juice
	Fresh Orange Juice	Fresh Orange Juice	Fresh Orange Juice	Fresh Orange Juice	Fresh Orange Juice

BAKERY & SNACK

BAKERY & PASTRY	Cinnamon Roll	Cinnamon Roll	Cinnamon Roll	Cinnamon Roll	Cinnamon Roll
	Croissant Cheese	Croissant Cheese	Croissant Cheese	Croissant Cheese	Croissant Cheese
	Croissant Plain	Croissant Strawberry	Croissant Zaatar	Croissant Strawberry	Croissant Zaatar
	Chicken Puff	Chicken Puff	Chicken Puff	Chicken Puff	Chicken Puff
	Vegetable Puff	Vegetable Puff	Vegetable Puff	Vegetable Puff	Vegetable Puff
	Cheese Fatayer	Cheese Fatayer	Cheese Fatayer	Cheese Fatayer	Cheese Fatayer
	Cheese Manakish	Cheese Manakish	Cheese Manakish	Cheese Manakish	Cheese Manakish
	Carrot Cake	Apple tart	Carrot Cake	Banana Cake	Apple tart
	Cup Cake - Apple	Blueberry Muffin	Strawberry Muffin	Cup Cake — oatmeal	Blueberry Muffin
	Vanilla Muffin	Vanilla Muffin	Vanilla Muffin	Vanilla Muffin	Vanilla Muffin
	Vegetable Pizza	Hash Brown- Baked	Potato Wedges	Mini veggie burgers	Baked Croquette Potato
Chicken Pizza	Chciken Nuggets- Baked	Chicken Roll	Chciken Fingers- Baked	Chicken Cutlet	

SCHOOL BREAKFAST MENU- MARCH 2023



WEEK 4

MONDAY
27-Mar-23

TUESDAY
28-Mar-23

WEDNESDAY
29-Mar-23

THURSDAY
30-Mar-23

FRIDAY
31-Mar-23

Emirates Taste

BREAKFAST

BREAKFAST	Muesli with Strawberry Yoghurt- Parfait	Low fat Yogurt with Granola & mango nuree - Parfait	Muesli with Honey Yoghurt- Parfait	Oats with Mix Fruit- Parfait	Apple Porridge
	Spanish Omelette	Bread Omlette	Cheesy Egg with Bread	Scrambled Egg With Bread	Bread Omlette
	Pancake with Maple Syrup	French Toast With Honey	Paratha - cottage cheese	Chicken Kheema Paratha	Banana Pancake

SANDWITCH & WRAP

ASSORTED BREAD Non Veg	Chicken Tikka & Olives Samoon Bread	Grilled Chicken With Cheese (Panini bread)	Smoked Turkey Ham Panini Bread	Philly Steak in Samoon Bread	Roasted Mushroom & Chicken Soft Roll
ASSORTED BREAD Veg	Southwest Veggie Hotdog	Mexican Vegetable in Samoon Bread	Halloumi & Tomato French bread	Cheese & Tomato Hotdog	Halloumi Veggie Panini Bread
ARABIC BREAD Non- Veg	Grilled Chicken Wrap (Arabic Bread)	Chicken BBQ Wrap (Arabic Bread)	Chicken Teriyaki Wrap (Arabic Bread)	Chicken Shawarma Wrap (Arabic Bread)	Mozerella n smoked Chicken Wrap (Arabic Bread)
TORTILLA BREAD Veg	Mexican Falafel Wrap (Tortilla)	Halloumi Wrap (Tortilla)	Veg Caesar Wrap (Tortilla)	Vegetable Fajita Wrap (Tortilla)	Falafel & Labneh Wrap (Tortilla)
WHITE BREAD Non- Veg	Pesto Chicken S/W	Chicken Club Sandwich	Chicken N Sweet corn S/W	Tuna Salad S/W	Chicken Piccata S/w
WHITE BREAD Non- Veg	Chicken Tikka Sandwich	Creamy Chicken S/W	BBQ Chicken S/W	Chicken Terayaki S/W	Turkey and Cheese S/W
BROWN BREAD Veg	Cheddar n Tomato S/W	Cheese n Iceburg S/W	Grilled Vegetable S/W	Halloumi Sandwich	Labneh Cucumber S/W

SALAD

SALAD & CUT FRUIT	Chicken Caesar Salad	Grilled Chicken Salad	Chicken Pineapple Salad	Chicken Caesar salad	Grilled Chicken Salad
	Fattoush Salad	Parsley and Pasta Salad	Fattoush Salad	Pasta with Pepper salad	Oriental Salad
	Sweet Corn Salad	Oriental Salad	Mexican Bean Salad	Tasty Corn Salad	Mexican Beans & Corn Salad
	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
BEVERAGE	Fresh Watermelon Juice	Fresh Watermelon Juice	Fresh Watermelon Juice	Fresh Watermelon Juice	Fresh Watermelon Juice
	Fresh Orange Juice	Fresh Orange Juice	Fresh Orange Juice	Fresh Orange Juice	Fresh Orange Juice

BAKERY & SNACK

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	Croissant Plain	Croissant Strawberry	Croissant Zaatari	Croissant Strawberry	Croissant Zaatari
	Chicken Puff	Chicken Puff	Chicken Puff	Chicken Puff	Chicken Puff
	Vegetable Puff	Vegetable Puff	Vegetable Puff	Vegetable Puff	Vegetable Puff
	Cheese Fatayer	Cheese Fatayer	Cheese Fatayer	Cheese Fatayer	Cheese Fatayer
	Cheese Manakish	Cheese Manakish	Cheese Manakish	Cheese Manakish	Cheese Manakish
	Carrot Cake	Apple tart	Carrot Cake	Banana Cake	Apple tart
	Cup Cake - Apple	Blueberry Muffin	Strawberry Muffin	Cup Cake — oatmeal	Blueberry Muffin
	Vanilla Muffin	Vanilla Muffin	Vanilla Muffin	Vanilla Muffin	Vanilla Muffin
	Vegetable Pizza	Hash Brown- Baked	Potato Wedges	Mini veggie burgers	Baked Croquette Potato
	Chicken Pizza	Chicken Nuggets- Baked	Chicken Roll	Chicken Fingers- Baked	Chicken Cutlet